



Youth Activities

NORTHWEST YMCA

November 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30-7:30pm Basketball Practice* G	4:30-6:30pm Movement Ed** S	1:00-3:00pm Home School PE* G	4:30-6:30pm Movement Ed** S	5:00pm-Close 9 Square in the Air G	11:15-1145am Zumbatomic Ages 4-7 WC Chiko
6:00-8:00pm Cross Fire G & Zone	5:00-6:00pm Cross Fire G & Zone	5:30-7:30pm Basketball Practice* G	5:00-6:00pm Cross Fire G & Zone	5:30-6:30pm Basketball Practice* G	11:50am- 12:20pm Zumbatomic Ages 8-12 WC Chiko
6:30-7:30pm Volleyball** G	5:00-8:00pm Tae Kwon Do* WC	6:00-8:00pm Cross Fire G & Zone	5:00pm-Close 9 Square in the Air G	6:00-8:00pm Cross Fire G & Zone	3:00pm-Close 9 Square in the Air G
	5:00pm-Close 9 Square in the Air G	6:30-7:30pm Volleyball* G	5:30-7:30pm Basketball Practice* G		
	5:30-7:30pm Basketball Practice* G		6:00-8:00pm Climbing Wall G		
	6:00-8:00pm Climbing Wall G				

*fee based class WC=wellness center S=studio **must sign up