



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PERSONAL TRAINING

## YMCA of Muncie

All packages expire 90 days after the first session is redeemed.

### Personal Training (1 hour sessions)

This package is used for individual training sessions.

<b>4 sessions</b>	\$120	(\$30/session)
<b>8 sessions</b>	\$224	(\$28/session)
<b>12 sessions</b>	\$312	(\$26/session)

### Group Training (1 hour sessions)

This package is for small group training (2-5 individuals) utilizing the same training plan.

\*Price is listed per individual. Sessions must be used as a group.\*

<b>4 sessions</b>	\$100	(\$25/session per person)
<b>8 sessions</b>	\$184	(\$23/session per person)
<b>12 sessions</b>	\$252	(\$21/session per person)

### Specialized Boxing Training (1 hour sessions)

This package is used for individual boxing training sessions.

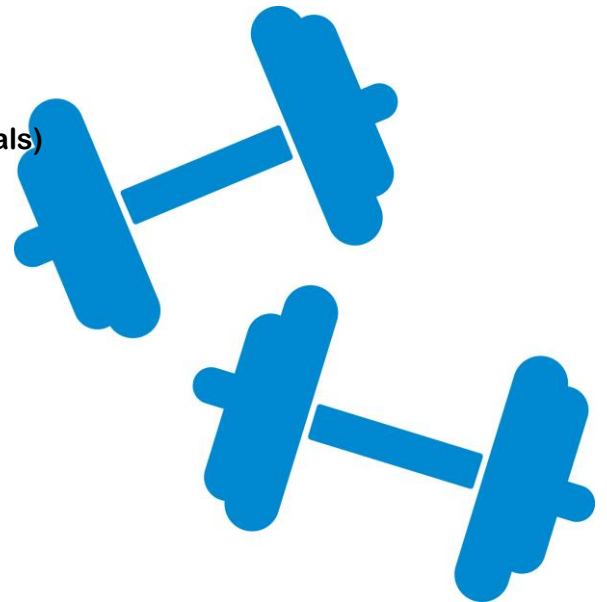
<b>4 sessions</b>	\$140	(\$35/session)
<b>8 sessions</b>	\$264	(\$33/session)
<b>12 sessions</b>	\$372	(\$31/session)

### Specialized Group Boxing Training (1 hour sessions)

This package is for small group boxing training (2-5 individuals) utilizing the same training plan.

\*Price is listed per individual. Sessions must be used as a group.\*

<b>4 sessions</b>	\$120	(\$30/session per person)
<b>8 sessions</b>	\$224	(\$28/session per person)
<b>12 sessions</b>	\$312	(\$26/session per person)



### Contact

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