



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

MEMBER GUIDE

MEMBERSHIP BENEFITS, GUIDELINES AND SERVICES

YMCA of Muncie

We're glad you're here!

WELCOME TO THE YMCA OF MUNCIE!

As a member of the Y, you belong to one of the largest charitable human service organizations in the world. The Y strengthens the foundation of our community through youth development, healthy living and social responsibility. We are your neighbors, your friends, and your family.

We hope you will take a minute to read and become familiar with the enclosed information. At the Y, we strive to uphold the values of caring, honesty, respect, and responsibility – we ask our members and program participants to do the same!

Chad Zaucha
President/CEO

ABOUT US

Our Mission

“To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.”

Our Vision and Our Cause

To strengthen the foundations of our community through youth development, healthy living, and social responsibility.

Our Values

Caring – Honesty – Respect – Responsibility

www.muncieymca.org

facebook.com/YMCAofMuncie

Twitter: @YMCAofMuncie

CONTENTS

Welcome • 1

About Us • 1

THE Y: WE ARE FOR Youth Development, Healthy Living, and Social Responsibility • 3

Member Benefits • 4

Code of Conduct • 4

Membership Information • 6

Nationwide Membership • 6

Child & Youth Access • 8

Child Watch & The Zone • 8

Facility Guidelines • 9

Wellness Center • 9

Gymnasium • 9

Track • 9

Pool • 10

Locker Rooms • 10

Unsupervised Areas • 11

Lost/Stolen Property • 11

Membership Types • 12

THE Y: WE ARE FOR YOUTH DEVELOPMENT, HEALTHY LIVING, AND SOCIAL RESPONSIBILITY

The Y's Annual Campaign

The YMCA of Muncie seeks to ensure that everyone has the opportunity to participate in programs and services that assist them in living better lives. Because of the positive impact of the Annual Campaign, more youth, teens and families throughout our community are provided the opportunity to participate in Y programs and services than ever before.

Making a gift through the Annual Campaign not only supports the commitment to serving all, but makes a direct and positive impact on the quality of life in our community. If you would like to contribute to the Annual Campaign, just ask a staff member.

Volunteer Information

Volunteers are the strength of our organization. They make it possible to offer the wide range of quality services and programs that we provide. We actively encourage our members to give back to the community by volunteering with our Y. If you are interested in volunteering please contact the Association Director of Youth Advancement.

The Y.™ For A Better Us.

MEMBER BENEFITS

As a member of the Y you or your entire family will benefit from:

- Access to our Downtown, Northwest and Yorktown locations
- Nationwide Membership: your membership with the Y grants access to any YMCA in the nation
- FREE childcare while you are working out (during scheduled hours)
- FREE group exercise classes
- Priority registration for programs
- Free SMART Start and Wellness Center orientations to help you identify and reach your wellness goals
- Free Quick Start Challenge
- Reduced member rates for programs
- Member rates at Camp Crosley YMCA www.campcrosley.org
- Apple Tree Child Development Center YMCA
- Special events and programs just for members
- A lot of caring and fun!

CODE OF CONDUCT

The YMCA of Muncie believes in nurturing the spirit, mind, and body of our members. With membership comes the responsibility to act in accordance with the values that make the Y a place everyone can enjoy. We ask that everyone in our facilities and/or programs model the values of caring, honesty, respect and responsibility at all times.

- Members and Guests must present their membership card or a photo ID to gain access to the facility.

- Please bring a lock for your personal items. The Y cannot be responsible for lost or stolen items.
- No inappropriate language, behavior or clothing will be accepted. Use of such will result in immediate dismissal.
- No firearms are permitted in Y buildings, properties or program sites. See below **“Weapons Policy”**.
- Alcohol, drugs and tobacco products are not permitted on Y grounds. Those under the influence of alcohol and/or drugs are not permitted on Y grounds.
- Photographing or video recording other members without their consent is prohibited.
- Cell phone use in the locker room is strictly prohibited for the privacy and safety of all members.
- Pets are not allowed in the facility, with the exception of service animals.
- Shirt and shoes are required in the building at all times.
- All persons must wear a full shirt or tank and keep their pants pulled up to their waist.
- Physical violence or disruptive behavior will not be tolerated and will result in suspension or termination of membership.
- Y staff reserve the right to dismiss, suspend or refuse anyone’s membership.
- Please respect facility hours of operation. Everyone is asked to be out of the building at the stated closing times.

Offenders against Children

At the YMCA, we consider it of great importance to provide a safe environment for our members, program participants and guests. For this reason, the YMCA uses its best efforts to exclude “offenders against children” or “sexually violent predators” as defined under Indiana law, from YMCA membership, program participation, facility access, volunteer opportunities or employment opportunities.

Weapons Policy

At the YMCA of Muncie we value the safety of those we serve. In the interest of maintaining an environment that is safe and free of violence for members, employees, and visitors, the YMCA of Muncie prohibits the wearing, transporting, storage, presence or use of dangerous weapons on YMCA property, regardless of whether or not the person is licensed to carry the weapon. If a member or guest enters YMCA property and they have a concealed weapon, they will need to return to their vehicle or residence and secure their weapon. Members that violate this policy may have their membership revoked immediately; any employee that violates this policy may be terminated. This policy does not apply to any law enforcement personnel or security personnel engaging in official duties.

MEMBERSHIP INFORMATION

Nationwide Membership

If you are a member of any YMCA, you can use any other Y in the United States. Valid for YMCA full facility/full privilege members only; program-only participants may upgrade to a full membership at any time to qualify. SilverSneakers® members may use other SilverSneakers® locations only. YMCA members will be treated as regular members at all associations, and will be able to register for programs at member rates. Photo ID and valid membership card must be presented.

Financial Assistance

They Y does not turn anyone away due to an inability to pay. Financial assistance, based on availability of funds, is offered to those who require assistance for programs and membership. Applications are available at the Member Service Desk, and are downloadable from our website. If you receive certain forms of public assistance, you may be prequalified for 50% financial assistance. Ask any staff person for details.

Membership Cards

Upon joining the Y, members will receive a membership card. All members must have their card or a picture ID when entering the Y. If a card has been lost it can be replaced for \$3.

Membership Renewals

An annual renewal notice will be mailed approximately one month prior to the membership expiration date. Memberships paid by monthly bank draft will not require a renewal notice and are continuous until cancellation.

Membership Holds

We will gladly place a membership on temporary hold for up to 3 months for either medical purposes (please provide written proof from your physician) or temporary relocation.

Membership Transfers & Cancellations

Members wishing to cancel their membership should give at least 15 days written notice by completing a cancellation form available at any YMCA of Muncie location. If there is not sufficient notice given the membership may be drafted again.

Non-Sufficient Funds (NSF)

A monthly membership will be placed on hold if the bank or credit card account has insufficient funds to cover the membership fee.

The membership will remain on hold for up to one year. Within the 6-month period, the member can pay the NSF and the months missed; or pay the NSF and rejoin with joining fee and one month's pro-rated dues.

Military

Title 10 personnel are eligible for a Y membership. Contact Military OneSource at www.militaryonesource.com or 800-342-9647 to confirm and receive an eligibility form.

Guest Passes

Guests are welcome at the Y and are entitled to three visits per calendar year. Guests 16 and older will be asked to produce a photo ID. Members will be held responsible for the behavior of their guest(s). Any inappropriate behavior by a guest could impact membership status.

If the guest chooses to become a Y member after using his/her 3 guest passes, the amount paid towards guest fees will be deducted from the joining fee.

Membership Rates

The Y may, at its discretion, adjust monthly membership rates once per year. The Y will provide sufficient notice prior to any such change.

CHILD & YOUTH ACCESS

- Children 12 and younger (8 and younger at the Downtown Y) must be directly supervised by a parent or guardian, participating in a Y program, or signed into Child Watch or The Zone.
- Children 13 and older who are members are allowed to be at the Y without their parent or guardian present.

Youth Wellness Center Guidelines

- Children 11 & under are NOT permitted in the wellness centers. They CANNOT utilize any weighted machines, cardio machines, or free weights.
- Children 12 to 13 may use wellness centers and equipment with a completed wellness orientation and adult supervision.
- Youth ages 14 and up may utilize all functions of the wellness center.

CHILD WATCH & THE ZONE

- FREE service for members with children ages 6 weeks to 12 years.
- Children must be fever/symptom-free for 24 hours prior to entering Child Watch or The Zone.
- Children can be in Child Watch for up to 2 hours per day.
- Snacks and food are allowed; please label all cups and bottles clearly – check with your YMCA for food restrictions due to allergies (such as peanuts).
- Parents must stay at the Y while their children are under our supervision.
- An emergency information card must be on file for all children.
- Children must be signed in and out.

FACILITY GUIDELINES

Wellness Center

- Only authorized YMCA personnel are permitted to engage in skill instruction, coaching, or personal training.
- Follow guidelines posted in the Wellness Center.
- Wipe down equipment before and after each use.
- As always, the Y recommends obtaining a physician's approval prior to starting any exercise program.

Gymnasium

- Children 12 and younger need to be accompanied by a parent or guardian unless participating in a Y program.
- Follow guidelines posted in the Gymnasium.
- Hanging on rims and/or dunking is not permitted.
- Adult designated usage times are for members 18 and older.

- During “open gym” times, there are no full-court games allowed.
- Check with the Member Service Desk or website for an up-to-date schedule. The schedule is subject to change for special events.

Track

- Children 12 and younger are not permitted on the track without a parent or guardian.
- Runners should keep left; walkers should keep right.
- Please follow all track direction signs.
- Proper running/walking shoes are required.
- Strollers are not allowed on the track.

Pool

- Lifeguards are on duty whenever the pool is open.
- Lifeguards have final say on all policies and procedures.
- Follow guidelines posted in the pool area.
- Everyone must take a cleansing shower before entering the pool.
- Diaper-dependent children must wear approved swim diapers while in the pool.
- Children 8 and younger must be accompanied by an adult at all times.
- The pool schedule is subject to change for special events.
- Float belts are available for members at all times. No inflatable life supporting devices may be used (water wings, etc.).
- Kickboards, hand buoys, barbells, and fins are for instruction and lap swimmers only.
- Any member regardless of age can lap swim as

long as the lane is being used appropriately by the swimmer.

- No play is allowed in designated lap lanes.

Locker Rooms

- Please bring your own lock.
- If a lock is left on a locker overnight the lock will be removed, the contents of the locker inventoried, bagged and placed at the Member Service Desk for 30 days. After 30 days the items will be donated to charity.
- Cell phone use in the locker room is strictly prohibited for the privacy and safety of all members.
- The Downtown Y offers small locker rental for \$4 per month.

The Downtown YMCA provides both Adult and Family locker rooms.

- Boys Locker Room: Boys ages 6-17 years, may be accompanied by adult male guardian.
- Girls Locker Room: Girls ages 6-17 years, may be accompanied by adult female guardian.
- Women's Locker Room: Women 18 years and older only.
- Men's Locker Room First Floor: Men 18 years and older only.
- Men's Locker Room Second Floor: Men 18 years and older only.
- Mother with son(s) ages 5 years and younger may use the Girls locker room together.
- Father with daughter(s) ages 5 years and younger may use the Boys locker room together.
- If the child is 6 years old or older, the child must go

into his or her appropriate locker room and meet the parent on the pool deck or in the hallway.

As another family alternative, our restrooms in the North hallway have stalls that can be used for changing into swim attire.

UNSUPERVISED AREAS

For everyone's safety, members and guests are not allowed access to unsupervised areas of the Y.

SAFETY & EMERGENCIES

Emergency procedures (natural disasters and power outages), Safety Data Sheets, AEDs and First Aid supplies are available in each Y location.

LOST/STOLEN PROPERTY

The YMCA cannot be responsible for items lost or stolen. Member Service staff may not hold precious items for members or guests, so it is suggested that anything valuable be left at home. However, the Y will hold items turned into lost and found for a maximum of 30 days.

MEMBERSHIP TYPES

- Teen membership: ages 13 to 18
- Young Adult membership: age 19 to 30.
- Adult membership: age 31 and up.
- One Adult Household: one adult and dependents residing at the same address
- Two Adult Household: two adults and dependents residing at the same address (add additional adult for \$5/mo)

Rev. 4/2019

YMCA OF MUNCIE

ASSOCIATION OFFICES

500 S Mulberry St
Muncie IN 47305
Phone 765.288.4448
Fax 765.741.5556

APPLE TREE CHILD DEVELOPMENT CENTER YMCA

3501 N Chadam Lane
Muncie IN 47304
Phone 765.286.0616
Fax 765.741.5016

CAMP CROSLEY YMCA

165 EMS T2 Lane
North Webster IN 46555
Phone 574.834.2331
Toll Free 877.811.6189
Fax 574.834.3313

DOWNTOWN YMCA

500 S Mulberry St
Muncie IN 47305
Phone 765.288.4448
Fax 765.741.5555

NORTHWEST YMCA

3500 N Chadam Lane
Muncie IN 47304
Phone 765.286.0818
Fax 765.741.5550

YORKTOWN YMCA

200 S CR 600 W Ste C
Yorktown IN 47396
Phone 765.759.8960
Fax 765.759.8970

www.muncieymca.org