

# GROUP EXERCISE CLASSES AT MUNCIE CENTRAL FAQ

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## WHEN DO CLASSES BEGIN AT MUNCIE CENTRAL HIGH SCHOOL?

Silversneakers will begin at the MCHS Fieldhouse on Tuesday, August 1st. All other classes will begin on Monday, August 7th.

## WHERE WILL CLASSES BE HELD?

Some classes will be held in the Field House Gymnasium on Muncie Central High School's Campus. Other classes will be held in the Hospitality Room at the Field House. Please check our Group Exercise schedules for locations.

## WHERE DO WE ENTER?

You'll enter through the last entrance doors at the front of the Fieldhouse, facing Walnut.

## WHERE WILL WE PARK?

There is parking outside of the Field House. You can park 1) in the lot at the front of the Fieldhouse, facing Walnut Street; 2) along the side of the Field House facing Wysor; or 3) at the back of the Fieldhouse, facing the MCHS Football Field.

## WILL EQUIPMENT STILL BE PROVIDED?

Yes, equipment will be stored at the Field House. Please view our tour video to see where.

## ARE BATHROOMS/LOCKER ROOMS AVAILABLE?

Mens' and womens' bathrooms are both available. There are not lockers for you to store your belongings, but the locker rooms showers are available for your usage.

## DO WE STILL CHECK-IN?

Yes, there will be a check-in station for YMCA members and guests to scan in for class.

## CAN WE WALK AT THE FIELD HOUSE?

Yes, the Field House will be open for walking from 9am - 1pm on Monday through Friday. Times are subject to change each month. You can walk on the gym court or you can walk in the Field House hallways, as they form a large circle.